

**DEHRA DUN
HILLS ACADEMY**

because we care...



**We all want our children to succeed.
Understanding the world we live in,
is their first Important challenge.**

If our children grasp the essentials of problem solving at school today, they will understand tomorrow's world better - the world in which they will live as adults.

Programme **LIFE SKILLS** at Dehradun Hills Academy has been designed especially so that your children can explore problem solving in the "real world" of day to day existence - the fascinating world of "decision making" and "creative thinking" which we all share.

- More than 300 students in Junior & Middle School learn 10 different life skills in stimulating interactive Group Discussion Sessions.
- More than 1000 future job options discussed to draw out the KNOWLEDGE, ATTITUDE and SKILLS required to succeed in the world of tomorrow.
- More than 180 'do-it-yourself' activities so that children can 'test' and enjoy their new found learning.

LIFE SKILLS



Created by international agencies, consultants and designers, it took 'Expression INDIA' team doctors three years of research to produce this unique early learning program specially for school environment. Every activity and every interaction in the Life Skills program has a very special place in the growth and adjustment of your child.



THINKING SKILLS

Just by watching our children play, we learn that children learn through exploration. Skills such as self awareness, social awareness, goal setting, problem solving and decision making are all highly crucial for future well being of your children. It is a grand tour giving young teenagers the opportunity to look at different perspective of their day to day decision, helping them differentiate the good from the poor ones in the long run.



SOCIAL SKILLS

Appreciating and validating others working as a team building positive relationship with family and friends, and communicating effectively go a long way in helping your child become acceptable in society and laying the foundation for his future social success.



NEGOTIATION SKILLS

From 'Decision Making' to 'Problem Solving', 'Self Awareness' to 'Empathy' - negotiation skills are all about coming to know yourself better before dealing with others, its about believing in one's self and one's values. Your child will learn to say "no" to the undesirable and "yes" to the positive.

LIFE SKILLS of 'Expression INDIA' is a KEY program. It introduces children to the belief that they are in control and perfectly capable of making the right choice not only regarding their own futures but also about those concerning others. It provides a good scientific foundation grounded in sound practical advice.

The Complete Learning Advantage

*7 New techniques
to help your
children learn
faster*



Many factors determine success at school. Three such factors are the desire to learn, the willingness to put in the time and effort learning takes and the ability to learn. These factors are corner stones in your child's education. But just as engineers need equipment to make building rise, your child too needs skills to build education.

Let us look at the special learning skills being used in Dehradun Hills Academy.

1. Study Skills

To help you children understand why, when and how to study. It introduces students how to use study aids and helps the children solve this study problems.

2. Reading Skills

Explains strategies that lead to more effective reading; determining how well your children read. This helps in improving their reading rate their understanding as well as build their vocabulary.

3. Memory Skills

It is very important that your child understand how memory works and the importance it plays in memorizing details, concepts learning to spell correctly and use the right word.

4. Test Skills

This is to help your children understand the difference between

ASSESSMENT and EVALUATION. It teaches young boys and girls What are standardized tests and how to take them.

5. Reports and Term Papers

Explains the importance of written communication, basic writing skills and preparing mock report and papers. This introduce the young learns to research and writing and how to use illustration, diagrams and other graphics.

6. Projects and Presentations

Projects and presentation are racial learning opportunities specially when children can turn to this class teaches for assistance in developing, rehearsing and delivering the some.

7. Goal Setting and Motivation

Explains the importance of creating clear, concise, achievable goals and how to motivate yours self to achieve your objects.